



Wado-Kai Canada

Volume 2 Issue 1

Spring 1998

1st nationals a success

By Charles La Vertu

VICTORIA -- A total of 101 karate-ka from British Columbia, Alberta and Washington took part in the very successful first Wado-Kai Canada national championships, held in November.

Presiding over the tournament were Master Masaru Shintani, 9th dan and head of Wado-Kai in North America, and Shihan Greg Reid, WKC technical director and senior instructor.

Master Shintani and Shihan Reid provided a demonstration of techniques during the lunch break, as did Shihan Jerry Ferguson of Pacific Karate of Everett and one of his instructors. Visiting karate-ka from Pacific Karate of



Master Shintani and Shihan Reid demonstrate shindo techniques (Charles La Vertu photos)

Bellingham and Everett took home a total of 30 medals including 15 gold. CASK Karate of Victoria won 13 medals, four gold.

Duncan Goju-ryu won seven medals, two gold; CASK Campbell River, six; CASK Vancouver, five, one gold; Crofton Goju-ryu, two; South Calgary Wado-Kai, two; Duncan Chito-ryu, one gold; University of Calgary Wado-Kai, one; and CASK Chetwynd, one.

(For results please see p. 5)

"This was our first

tournament, and it was very successful," said WKC president Dr. Leslie Bowers.

He thanked the visiting instructors and their organizations and officials for taking part. "It provides us with a base upon which we will grow.

"We were honored to have Master Shintani preside over our first tournament and we thank him for coming from Hamilton to do so."

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Please see Master

WKC members to compete for Karate BC

By Richard Mosdell

Three Wado-Kai Canada members have been selected for the Karate BC Team.

They are Sensei Kraig Devlin, Sensei Brendan Ralfs and Sensei Richard Mosdell (me).

As well, several members of CASK Karate Vancouver won medals at the Karate BC Fall Championships in Prince George last October.

Continued on p. 6
Please see To compete

SECOND AGM 4 P.M. FEB. 28 205 SIMCOE

The second annual general meeting of the Wado-Kai Karate Association of Canada will take place at 4 p.m. Feb. 28 at 205 Simcoe St. in Victoria.

Elections will be held for two-year terms for the positions of vice-president
Continued on p. 3
see Annual meeting



Shihan Reid and Master Shintani preside over 1st national championships



The Wado-Kai Canada newsletter is published by the Wado-Kai Karate Association of Canada, and edited by Sensei Charles La Vertu.

Views expressed are those of the authors and do not necessarily reflect that of the society.

Submissions of articles, photographs, cartoons etc. are welcome and encouraged.

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Wado-Kai Canada is a federally-incorporated non-profit society

President's corner

Successful year ends

By Leslie Bowers

We are nearing the end of our second year as an association and I believe it is fair to say that we are doing well.

Our membership is growing and our Karate is strong and vital. The most obvious success of the past year was the very successful tournament held in Victoria last November.

This success reflects the hard work of many, in particular Senseis Peter Danniels, Charles La Vertu and Gerry Woloshyn.

Without the enthusiastic support of the whole association it would not have gone as well. We are looking forward to November 98 to hold another successful tournament.

Thank you to all the helpers, all the participants and all the



Sensei Bowers presents gold medal to Jodi Ferguson of Everett, winner of the senior women's kumite



Sensei Leslie Bowers outlines procedures to officials at start of the first national championships

spectators.

This year has also seen the acceptance into Karate BC, our provincial sport governing body, of



Kraig Devlin of Victoria is awarded silver in senior men's kumite

two of our clubs -- Vancouver Wado-Kai and Canadian Women's Karate Club.

Both groups have sent members to provincial teams, trained as officials and taken part in NCCP courses.

Our members also competed very well at the fall provincial tournament in Prince George.

The participation of our association in the

mainstream of traditional Karate is to everyone's advantage. It allows provincial, national and international competition.

It also encourages the proper training of officials and also the better training of instructors.

The board has been very busy over the year organizing the association in many areas.

Of interest are the instructors training program, officials training program, garage sale, seminars, the tournament, many gradings and our upcoming book on Kata.

The book is written by Master Shintani and Shihan Reid.

It will be approximately 300 pages with about 800 photos. We hope to have it published by April this year.

We recently had a long term vision workshop. Several items came up which will be addressed by the board in the near future.



Officials and competitors line up for opening ceremonies of the first Wado-Kai Canada national championships

TO RAISE FUNDS

Casino night, bingo planned

By Margo Downey

The fundraising committee (Sensei Richard Mosdell and I - by the way, are accepting applications from other members to join this elite committee) has decided that there should be two distinct categories:

1. Wado-Kai Canada fundraising
2. Local dojo fundraising

Funds raised for the association will be put towards two events in 1998:

1. Three of our members have been chosen for the Karate BC Squad: Richard Mosdell, Kraig Devlin and Brendan Ralfs.

The first competition is scheduled for April 4/5 in Vancouver. If they make the BC Team, they will be eligible to compete in the Nationals in Quebec on May 17.

Of course, once they make it to the Olympics, companies will be busting down our doors, throwing money at us! Until then, our fundraising efforts could be put towards

deferring their entrance and registration fees and travel expenses.

2. We will again be hosting a tournament in November, 1998. Coinciding with this event will be a Master's seminar, referee training and a dan grading.

Funds raised would be used for Master Shintani's travel expenses should he attend.

We have decided that the best, least labor intensive route (even though we know getting volunteers from our clubs is NEVER a problem) would be to hold a Casino Night, and to run a Bingo.

Applications are being submitted to the BC Gaming Commission and we will be put on a waiting list.

We are also considering "cold calls" to local businesses.

If any member has any connections with local companies, please let us know.

Suggestions for

fundraising for the local dojos are: garage sales (we made over \$500 last summer); sit-up/push-up-a-thons at the malls

and raffles.

Any other suggestions would be most welcome.

Giant garage sale to fund new mats

A giant garage sale will be held in Victoria on the Victoria Day weekend to raise funds to buy mats for use during Karate competitions.

All Victoria-area Wado-Kai members are being asked to provide items for the sale, which is being organized by Sensei Gerry Woloshyn and

Sensei Erich Eichhorn.

Proceeds will be put into a special account dedicated to the purchase of the mats.

President Leslie Bowers said the mats would be available for use by member clubs when not in use for national and regional competitions.

Annual meeting

Continued from p. 1

and two board members.

Nominations closed Feb.14. There will be no nominations from the floor.

Candidates are asked to send Sensei Gerry Woloshyn a short 250-

word story promoting their candidacy, for circulation at the AGM.

Any special resolutions must be submitted as soon as possible so that they can be circulated to the membership prior to the AGM.

"This is your association, and your chance to provide input on how you want it to function," said



Sensei Richard Bowles (right fighter) in Nationals

Sandan Richard Bowles is conferred title of Sensei

Sandan Richard Bowles, whose Wado-Kai school in Chetwynd, B.C. is a member of Wado-Kai Canada, has been conferred the title of Sensei.

Shihan Greg Reid, who spent six days teaching in Chetwynd in January, said he awarded the title to Sensei Richard for his

"dedication and help in the promotion of our style in the Interior."

"He has been a good and faithful supporter of our organization for many years."

Reid expressed this thanks to Sensei Richard and his wife for their hospitality during his visit.

YOUTH ASSOCIATION

By Greg Reid

Since my return to Canada, one of my objectives has been to create and lay the foundation for a Victoria Youth Karate Association.

I am happy to report that we have acquired many youth classes (six- to 12-year olds). They include: Gordon Head Recreation Centre, Victoria West YMCA, James Bay Community Centre, Western

Community Club and the youth class at the CASK Headquarters.

In development are programs at Cedar Hill Rec and Henderson/Oak Bay Recreation Centre.

The overall plan is to offer the best youth beginners classes throughout the community and then filter the kids directly to the headquarters club.

From the technical director

Budo camp planned; much training, little rest

By Greg Reid

For me, 1998 is going to be an extremely busy year.

In January, I traveled to Chetwynd to visit the club of Sensei Richard Bowles.

It was a six-day trip, which I enjoyed but which was very cold.

We had three-hour classes every night and really concentrated on overall class skill.

We also conducted a basic grading.

I have also been assisting Sensei Leslie Bowers with the UVic Women's Club, and I am thoroughly enjoying this experience.

Dynamic

The women's organization is a dynamic and progressive group and I am truly inspired and pleased it is part of our heritage.

I would like to thank and offer my continued support to all the instructors and assistants of the women's clubs.

This is a great opportunity for existing black belts and colored ranks to get involved with teaching, and I strongly encourage all women to take part.

Our new book on Kata is nearing completion and Sensei Leslie is working hard to get it ready for the

Dominion Championships in Ontario.

We have almost completed the adult and youth curriculum for Wado-Kai Canada, and are currently working on the instructors program.

I would like to encourage all students who are interested in entering the North American Karate Championships to contact me directly.

Budo Camp 98, planned for this summer, is in the works.

This is the first time I will be putting on this camp in North America.

This is where we spend a weekend training on all aspects of Karate-do.

There will be a variety of classes i.e. night training, early morning and water training, as well as seminars and lectures on history, philosophy and meditation.

Camp life

Camp life is unique -- little sleep, clean eating and mental stimulation.

This year will be an exciting one for the technical department.

Two of my main objectives are to expose Karate to the general public thereby increasing the size of our organization and continuing to develop a higher

Wado-Kai Canada first Nationals

and the winners are . . .

By Charles La Vertu

Troy Chenier of CASK Karate Colwood, B.C. was winner of the first annual Wado-Kai Canada national championships held Nov. 8, 1997, in Victoria.

He took gold in the senior black belt men's kumite division. Second was Kraig Devlin of CASK Karate Victoria and third, Erich Eichhorn of CASK Victoria.

Jodi Ferguson of Pacific Karate of Everett, Wa. won the women's brown and black belt kumite division. Second was Marsha McKenzie of Pacific Karate in Bellingham and third, Pam Driscoll of the University of Calgary Wado-Kai.

Devlin took the gold for senior black belt Kata. Richard Mosdell of CASK Karate Vancouver took silver while Mark Aust of CASK Karate Victoria won the bronze.

Marsha McKenzie of Pacific Karate of Bellingham won gold in the women's black belt Kata division. Ferguson took silver and Jan Frith of the Canadian Women's Karate Club, bronze.

Shawn Ross of Everett won the first and second-degree black belt kumite competition. Robert Eis of Bellingham came in second and Glen Petersen of CASK Karate Campbell River took third.

Eis won gold in the first and



U.S. teams, headed by Shihan Jerry Ferguson (rear left) and Sensei Michael Cain (rear right) took home 30 medals including 15 gold during first WKC Nationals.

second-degree black belt Kata competition while Lance Yerkes of Everett took silver and Darren Gauthier of CASK Karate Victoria the bronze.

Other winners include:

Kumite: Male green, blue and brown: Dharmesh Dass, Vancouver, gold; Rob Walraven, Vancouver, silver; Roy Goncalves, Campbell River, bronze.

Male yellow and orange: Pat Armstrong, Munroe, gold; Bruce Howe, Everett, silver; Brad White, Vancouver, bronze.

Female green, blue, brown: Judy Williams, Granite Falls, Wa., gold; Amy Brummel, Bellingham, silver; Naomi Arsenault, Calgary, bronze.

White and yellow: Annie Armstrong, Munroe, Wa., gold; Mary Harlich, Munroe, silver; Lisa Johnson, Calgary, bronze.

Junior male, black: Aman Vahist, Duncan, gold; Marshall Perkins, Everett, silver; Bikaramjit Mann, Duncan, bronze.

Blue and brown: Matt Ferguson, Everett, gold; Aaron Brown, Duncan, silver; Lyle Lochinen, Duncan, bronze.

Kata: Male green, blue, brown: James Braaton, Duncan, gold; John Solheim, Everett, silver; Rory Goncalves, Campbell River, bronze.

Yellow and orange: Ian Farmer, Bellingham, gold; Johnny Tesoro, Vancouver, silver; Bruce Howe, Everett, bronze.

Female blue and brown: Judy Williams, Granite

Falls, gold; Corinne Skuse, Campbell River, silver; Margo Downey, Victoria, bronze. **Orange and green:** Amy Brummel, Bellingham, gold; Kelly Francis, Chemainus, silver; Gabrielle Silberman, Chetwynd, bronze.

White and yellow: Connie Beel, Victoria, gold; Annie Armstrong, Munroe, silver; Mary Harlich, Munroe, bronze.

Junior brown and black: Marshall Perkins, Everett, gold; Aaron Brown, Duncan, silver; Colin Knutson, Sayward, bronze.

Orange, green and blue: Kyle Lachmen, Duncan, gold; Mycroft Schwartz, Victoria, silver.

Pre-teen green, blue and brown: Christopher Wren, Bellingham, gold; Brett Evans, Bellingham, silver; Dallas Scott, Campbell River, bronze.

Green: Brook Evans, Bellingham, gold; Arann Quinton, Crofton, silver; Laurin Urton, Crofton, bronze.

Peewee orange: Robert Hollingsworth, Bellingham, gold; Dana Exun, Everett, silver; Gabe Brummel, Bellingham, bronze.

White and yellow: Michael Lis, Victoria, gold; Taylor Ramkeesoon, Victoria, silver; Wyatt Moore, Victoria, bronze.



Top picture: Troy Chenier of Colwood (left) and Kraig Devlin of Victoria in senior black belt competition. **2nd picture:** Jan Frith (left), Victoria, and Jodi Ferguson of Everett. **3rd picture:** Shihan Jerry Ferguson of Pacific Karate of Everett (right) put on demonstration with one of his senior students. **Bottom picture:** Pam Driscoll of Calgary versus Margo Downey of Victoria.

To compete on KBC team

Continued from p. 1

They are: Cynthia Quan, first Women's White-Orange Belt Kata; Brad White, first Men's 155kg+ Orange Belt Kumite; Kraig Devlin, second Men's Black Belt 175-180kg Kumite; Richard Mosdell, third Men's Black Belt Open Weight Kumite.

Karate BC holds two main tournaments a year -- the spring and fall championships.

As well, it holds the BC Team try-outs in September, from which members get "Grand-Prix" points.

Men trying out must have a black belt and women must have a brown or black belt.

Those making the top four to five in their division receive points for their standing and then have to compete in the two provincial championships for more points.

After the spring championships, whoever has the most points gets to be on the BC Team at the NKA Black Belt National Championships in either A, B or C divisions.

It costs \$50 to try-out and \$250 for just being on the on the squad from September to April while each athlete is gaining points at the three events and participating in four mandatory weekend team training sessions.

There are divisions for Individual Kata, Team Kata and Individual Kumite based on weigh. There is also an open weight division.

If after the Springs an athlete has enough points to take the A, B, or C standing, he/she pays \$300 more to officially join the BC Team and go to the Nationals.

If an athlete does well at the Nationals, he/she may represent Canada on the NKA official Canadian National Team for his/her division at the WKF World Cup or World Championships (they alternate each year) or at the Pan-American Games, which in 1999 will be held in Winnipeg.

Cost to be on the National Team is \$2,500 to go to one world event.

Also, the standing an athlete receives at the Nationals gains him/her points to be applied to next year's try at being on the BC Team.

There is some limited financial help for those who

Clubs join Karate BC

By Richard Mosdell

Two Wado-Kai Canada clubs have joined the Karate BC Association, a non-profit organization sanctioned by the BC government through Sport BC to oversee karate in this province.

The WKC members of Karate BC, which receives a small amount of provincial government funding, are the Canadian Women's Karate Club headed by Sensei Leslie Bowers and CASK Karate Vancouver which I head.

25 years

During its 25-year existence, Karate BC has certified karate clubs, held province-wide tournaments, organized a BC Karate Team of youths and adults, participated in the national coaching certification program, offered instructor and officials training, invited karate masters from around the world and organized sport insurance.

It is member of the National Karate Association of Canada, a non-profit organization sanctioned by the federal government to oversee karate in Canada, Sport Canada, the Canadian Olympic Association and the World Karate Federation which has over 120 official government sport karate

body members.

The WKF has applied to the International Olympic Committee to be the

official sport karate body allowed into the Olympic Games. The International Traditional Karate Federation, which has fewer official government

karate sport body members, has also applied to the IOC.

As a result the IOC has ordered the merger of WKF and ITKF before karate is accepted into the Olympics.

Negotiations are under way and the IOC is to rule within the year if karate is accepted into the 2004 Olympic Games. (Sorry, too late for 2000.)

Membership in Karate BC is awarded to karate clubs, not individuals, through recognition of the chief instructor's credentials.

This ensures, in the eyes of Karate BC, each karate student is learning a proper bona fide karate style in a professional manner from a certified instructor.

Training

Members of the two Wado-Kai schools have already been competing in several Karate BC tournaments and have participated in the Karate BC's instructor training weekend workshops, one-day officials' clinic and in several visiting master's workshops.

For more information, please contact Sensei Leslie or me.

The cost is \$120 per year for the club, \$30 per year for colored ranks 15 and

After three years

April return for the Spectacle

By Greg Reid

Look for the return of the Karate Spectacular, a mini tournament and two-hour show.

It has been more than three years -- pre Japan World Championships -- since our last one which was a great success.

We have totally changed the competition concept for the show.

All the various regions will be offering up their chosen students to represent them that day.

Divisions will include white to orange, green to brown, and black.

There may be an open women's kumite division.

What an exciting concept plus lots of great Karate demonstrations with a lot of dynamics, humor and creativity.

All clubs are requested to pull together to make this our best show yet.

Tickets and posters will soon be available.

All students will be asked to sell 10 tickets and come back for more.

The show has a threefold purpose:

- to make us a little cash and help defer expenses
- to expose our style and students to the public
- to have a whole lot of fun making the show come together that night.

The next day, I will be holding the first 1998 old-style seminar.

Don't miss this seminar.

There will be lots of Karate from the 1920s and 1930s.

WKC preparing for the future

Long Term Vision Meeting - Wado-Kai Karate Association of Canada

1-18-98 2038 Avondale, Victoria,
BC. 1 - 6pm

In attendance were: Shihan Greg Reid, Sensei Bob Reid, Sensei Deborah Randall, Sandan Cathy Bowers, Sandan Jan Frith and Margo Downey san. Senseis Kenton French, Brendan Ralfs, Richard Mosdell, Gerry Woloshyn, Leslie Bowers, Nidan Mike Alberti.

Summary of meeting. The following issues were discussed in depth.

1. To Have Own Facility.
Group decided against this.
Geographic - Where to be?
Expensive -
Money better spent elsewhere
Have an office - nice
2. Fund Raising
Consistency needed.
Sub-committee on the job already
Local and association divisions
See Margo - be involved
3. Increasing Project Involvement.
Some do lots.

Others need encouraging
Newsletter, Web site

4. Board to Member
Communication.
Newsletter
? Delegate newsletter distribution
How to know number of letters
needed.

5. Curriculum - Graphics
Youth's lesson book
Expectation of children - different
levels
White to Brown
Standardization of curriculum
First pamphlet - Sensei Bob
presentation to board
Wado levels for parents
What's happening?
How to be involved
Encourage Membership

6. Include SKF
Harmony, visits, be open
Tournaments, Social
Seminars/classes
Communication
Web site, Newsletter
Make educational material available.
Actions to be friendly
Not to take over or power

7. Affirmation with NKA
necessary, proceeding
national recognition

Invite on sub-committee

Specifically approach people
8. Increase regional representation
Annual review of regional
boundaries after AGM
Count number of reps. and which
area covered.
If not covered board checks out rep.
Problems need to have
communication channel to board.
No funding.

9. Certify Officials.
Referees / Officials
Encourage process
Subcommittee in process
Input accepted
Board review
Annual evaluation
NKA and Non-NKA

10. Books and Videos.
Evaluate response to first book.
? change production method
? CDs, videos to follow.
in works - publish March 98
Primary Katas
Kihon, Accessory, Shindo later

11. Instructor.

Certification
Not obligatory
Programs
Sub-committee in place
Process to come
Input accepted.

Final to board for review.
Annual review and
evaluation

Also discussed were:
Seminars. French version of Kata
book. Job description - regional rep.
Travel to competition. Competing.
Officiating. Tournaments. WKF entry.
NKA belong. Other styles in
association. Sponsors. Paid staff.
Order of Canada pin for Master
Shintani. Invite world. Japan tour/
exchangeq. Trips to SKFr. Board /
student rep

Master Shintani pleased with calibre of karate-ka

Continued from p.1

Shintani said he was impressed with the calibre of karate-ka taking part in the competition.

He was pleased to see the harmony that existed between the various organizations competing.

"It is important that we maintain friendly relations with all martial arts groups as we prepare for the future," Shintani said.

Tournament director Sensei Peter Danniels thanked the volunteers and sponsors for their participation.

"It would be impossible to

put on a successful tournament without their support and help."

"We are grateful to all who officiated. Without the help of officials from visiting groups we would have been hard-pressed to maintain three rings at the same time."

Danniels also thanked volunteer coordinator Margo Downey and canteen coordinator Anna Stein.

"It is unheard of that a tournament gets raves for its kitchen. We certainly appreciate the work done by Anna-San and her team."

Letter from Sensei Michael Cain of Pacific Karate of Bellingham

Dear Dr. Bowers,

On behalf of our Bellingham dojo students, parents and friends I would like to extend my appreciation and thanks for your association's hospitality at your first Wado-Kai National championships. The gracious spirit and enthusiasm exhibited by all those we met speaks well for your organization and its future. We certainly hope to be invited back for your "Second Annual" and look forward to a growing relationship in the spirit of Karate-do.

Please extend my regards to your wife Cathy, Peter Danniels and Gerry Woloshyn who were most generous in their openness to our presence.

Sincerely,

Michael Cain.