

Geoffrey Newell of Saanich, with four gold, helped Victoria Renshikan Karate capture 77 medals at the 12th annual Victoria International Karate Tournament.

North Sound Karate of Everett, WA was winner of the first annual Cascadia Cup competition in a tightly fought battle against a team from Vancouver Island.

About 100 competitors from B.C. and Washington state took part in the Nov. 8 tournament. It was sanctioned by Karate BC, the sport governing body for karate in B.C., and the Wado Karate Association of Canada.

Results include:

CUP Cascadia Cup: 1. Aleen Mills, North Sound Karate, Camano Island; Alicia St. Pierre, North Sound Karate, Bellingham; Casey Mills, North Sound Karate, Camano Island; Coleton Johnson, North Sound Karate, Everett; and Vienna Krumwiede, North Sound Karate, Everett; 2. Greyson Pace, Courtenay Karate, Courtenay; Paulina Talamantes, Fernando School of Karate, Duncan; Robert Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; Sarah Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; and Viola VandeRuyt, Brentwood Bay Kimura Shukokai, Sidney.

Kata (forms)

Mixed (5 & under) White/Yellow: 1. Malia Brodie, Victoria Renshikan, Victoria.

Mixed (6-7) White/Yellow/Orange: 1. Jordan Compton, Victoria Renshikan, Victoria; 2. Andrew Wierenga, Victoria Renshikan, Victoria; 3. Brecken Sales, Victoria Renshikan, Victoria; 3. Lucas Ewens, Victoria Renshikan, Victoria; 4. Rebecca Reader-Lee, Victoria Renshikan, Victoria.

Mixed (6-7) Green/Blue: 1. Christina Compton, Victoria Renshikan, Victoria; 2. Brecken Sales, Victoria Renshikan, Victoria.

Mixed (8-9) White/Yellow: 1. Danielle Robertson, Courtenay Karate, Courtenay; 2. Mariah Green, Fernando School of Karate, Duncan; 3. Ashley Deventer, Victoria Renshikan, Victoria.

Mixed (8-9) Orange/Green/Blue: 1. Angiolina Wakelin, Kimeru, Burnaby; 2. Sara Doctor, Victoria Renshikan, Victoria; 3. David Goodfellow, Victoria Renshikan, Victoria; 3. Camden Leith, Victoria Renshikan, Victoria; 3. Coleton Johnson, North Sound Karate, Everett.

Mixed (8-9) Brown/Black: 1. Emily Michalchuk, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Mixed (10-11) White/Yellow: 1. Justine Kellow, Victoria Renshikan, Victoria.

Mixed (10-11) Orange/Green/Blue: 1. Angiolina Wakelin, Kimeru, Burnaby; 2. Braydon Turchenek, Courtenay Karate, Courtenay; 3. Coleton Johnson, North Sound Karate, Everett; 3. Amanda Illmayer, Victoria Renshikan, Victoria.

Mixed (10-11) Brown/Black: 1. Cody Lan-Phavongkham, Victoria Renshikan, Victoria; 2. Jean Newell, Victoria Renshikan, Victoria; 3. Emily Michalchuk, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Female (12-13) White/Yellow: 1. Jenitta Middleton, CASK, Surrey, Surrey; 2. Danielle Robertson, CASK Surrey, Surrey.

Male (12-13) White/Yellow: 1. Wes Riddell, Victoria Chito-Ryu, Victoria.

Female (12-13) Orange/Green:

1. Amanda Illmayer, Victoria Renshikan, Victoria; 1. Patricia Masur, Fernando School of Karate, Duncan; 3. Olivia Knoester, Victoria Renshikan, Victoria; 3. Ashlee Labbe, Courtenay Karate, Courtenay; 3. Shivonne Dawe, Victoria Renshikan, Victoria.

Male (12-13) Orange/Green: 1. Geoffrey Newell, Victoria Renshikan, Victoria.

Female (12-13) Blue/Brown: 1. Alyshia Lan-Phavongkham, Victoria Renshikan, Victoria; 2. Carah Webster, Victoria Shito-Ryu, Victoria.

Male (12-13) Blue/Brown: 1. Nicolo Wakelin, Kimeru, Burnaby; 2. Kyell Erickson, Campbell River Shito-Ryu, Campbell River; 3. Jordan Duncan, Courtenay Karate, Courtenay; 3. Dayton Turchenek, Courtenay Karate, Courtenay.

Female (12-13) Black = Open Weight: 1. Aleen Mills, North Sound Karate, Camano Island; 2. Vienna Krumwiede, North Sound Karate, Everett; 3. Paulina Talamantes, Fernando School of Karate, Duncan.

Male (14-15) Orange/Green: 1. Geoffrey Newell, Victoria Renshikan, Victoria.

Female (14-15) Blue/Brown: 1. Sarah Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; 2. Kaitlyn Dawe, Victoria Renshikan, Victoria; 3. Alyshia Lan-Phavongkham, Victoria Renshikan, Victoria.

Male (14-15) Blue/Brown: 1. Nicholas Trotzak, Fernando School of Karate, Duncan; 2. Brendan Flower, Victoria Renshikan, Victoria; 3. Kodi Archbold, Fernando School of Karate, Duncan; 3. Ben Collin, Courtenay Karate, Courtenay; 3. Dayton Turchenek, Courtenay Karate, Courtenay.

Male (16-17) Blue/Brown: 1. Brendan Flower, Victoria Renshikan, Victoria; 2. Ben Collin, Courtenay Karate, Courtenay; 3. Kodi Archbold, Fernando School of Karate, Duncan; 3. Damian Hagan, Fernando School of Karate, Lake Cowichan.

Male Adult (18+) Black = Open Weight: 1. Michael Houg, Prince George Chito-Ryu, Prince George; 2. Robert Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; 3. Thom VandeRuyt, Brentwood Bay Kimura Shukokai, Sidney.

Mixed (6-7) White/Yellow/Orange: 1. Christina Compton, Victoria Renshikan, Victoria; 2. Jake Solbakken, Victoria Renshikan, Victoria; 3. Gordon Wdvison, Campbell River Shito-Ryu, Campbell River; 3. Jordan Hancock, Victoria Renshikan, Victoria; 3. Mike Deventer, Victoria Renshikan, Victoria.

Mixed (8-9) Orange/Green/Blue: 1. Lucy Hancock, Victoria Renshikan, Victoria; 2. Greyson Pace, Courtenay Karate, Courtenay; 3. Sydney Ewens, Victoria Renshikan, Victoria; 3. Brandon Cowan, Victoria Renshikan, Victoria; 3. Emma Reader-Lee, Victoria Renshikan, Victoria.

Mixed (10-11) Orange/Green/Blue: 1. Nicolo Wakelin, Kimeru, Burnaby; 2. Cody Lan-Phavongkham, Victoria Renshikan, Victoria; 3. Carah Webster, Victoria Shito-Ryu, Victoria; 3. Greyson Pace, Courtenay Karate, Courtenay; 3. Jean Newell, Victoria Renshikan, Victoria.

Female (15+ Green-black): 1. Brenda Bombini, Courtenay Karate, Courtenay; 2. Viola VandeRuyt, Brentwood Bay Kimura Shukokai, Sidney; 3. Paulina Talamantes, Fernando School of Karate, Duncan.

Kumite (sparring)

Female (6-7) Orange/Green: 1. Christina Compton, Victoria Renshikan, Victoria; 2. Jordan Hancock, Victoria Renshikan, Victoria; 3. Brecken Sales, Victoria Renshikan, Victoria.

Female (8-9) White/Yellow/Orange: 1. Danielle Robertson, Courtenay Karate, Courtenay; 2. Meghan Parker, Victoria Renshikan, Victoria; 3. Hope Clarke, Brentwood Bay Kimura Shukokai, Saanichton; 3. Jessica Labbe, Courtenay Karate, Courtenay.

Female (8-9) Green/Blue: 1. Lucy Hancock, Victoria Renshikan, Victoria; 2. Sara Doctor, Victoria Renshikan, Victoria; 3. Sydney Ewens, Victoria Renshikan, Victoria; 3. Angiolina Wakelin, Kimeru, Burnaby.

Male (8-9) Green/Blue: 1. Greyson Pace, Courtenay Karate, Courtenay; 2. David Goodfellow, Victoria Renshikan, Victoria; 3. Brandon Cowan, Victoria Renshikan, Victoria; 3. Braydon Turchenek, Courtenay Karate, Courtenay.

Female (8-9) Brown/Black: 1. Lucy Hancock, Victoria Renshikan, Victoria; 2. Angiolina Wakelin, Kimeru, Burnaby.

Female (10-11) White/Yellow/Orange: 1. Amanda Illmayer, Victoria Renshikan, Victoria; 2. Justine Kellow, Victoria Renshikan, Victoria; 3. Olivia Knoester, Victoria Renshikan, Victoria.

Male (10-11) White/Yellow/Orange: 1. Coleton Johnson, North Sound Karate, Everett; 2. Chace Parker, Victoria Renshikan, Victoria.

Female (10-11) Green/Blue: 1. Carah Webster, Victoria Shito-Ryu, Victoria; 2. Shivonne Dawe, Victoria Renshikan, Victoria; 3. Ashlee Labbe, Courtenay Karate, Courtenay.

Male (10-11) Green/Blue: 1. Jean Newell, Victoria Renshikan, Victoria; 2. Cody Lan-Phavongkham, Victoria Renshikan, Victoria; 3. Zack Hancock, Victoria Renshikan, Victoria; 3. Nicolo Wakelin, Kimeru, Burnaby.

Male (10-11) Brown/Black: 1. Nicolo Wakelin, Kimeru, Burnaby; 2. Zack Hancock, Victoria Renshikan, Victoria.

Male (12-13) White/Yellow/Orange: 1. Wes Riddell, Victoria Chito-Ryu, Victoria.

Female (12-13) Green/Blue: 1. Alyshia Lan-Phavongkham, Victoria Renshikan, Victoria; 2. Patricia Masur, Fernando School of Karate, Duncan.

Male (12-13) Green/Blue: 1. Geoffrey Newell, Victoria Renshikan, Victoria.

Male (12-13) Brown/Black: 1. Aleen Mills, North Sound Karate, Camano Island; 2. Vienna Krumwiede, North Sound Karate, Everett; 3. Kyell Erickson, Campbell River Shito-Ryu, Campbell River.

Female (14-15) Brown/Black: 1. Aleen Mills, North Sound Karate, Camano Island; 2. Vienna Krumwiede, North Sound Karate, Everett; 3. Paulina Talamantes, Fernando School of Karate, Duncan; 3. Sarah Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male (14-15) Brown/Black: 1. Kodi Archbold, Fernando School of Karate, Duncan; 2. Nicholas Trotszak, Fernando School of Karate, Duncan; 3. Kyell Erickson, Campbell River Shito-Ryu, Campbell River; 3. Ben Collin, Courtenay Karate, Courtenay.

Male (16-17) Blue/Brown: 1. Kodi Archbold, Fernando School of Karate, Duncan; 2. Nicholas Trotzak, Fernando School of Karate, Duncan.

Male (16-17) Black = Open Weight: 1. Michael Houg, Prince George Chito-Ryu, Prince George; 2. Danny Riches, Victoria Renshikan, Victoria.

Female Adult (18+) Blue/Brown: 1. Alicia St. Pierre, North Sound Karate, Bellingham; 2. Angela Jensen, North Sound Karate, Everett.

Female Adult (18+) Black = over 60.0 kg: 1. Brenda Bombini, Courtenay Karate, Courtenay; 2. Paulina Talamantes, Fernando School of Karate, Duncan; 3. Alicia St. Pierre, North Sound Karate, Bellingham; 3. Angela Jensen, North Sound Karate, Everett.

Male Adult (18+) Black = Open Weight: 1. Casey Mills, North Sound Karate, Camano Island; 2. Michael Houg, Prince George Chito-Ryu, Prince George.

Female Masters (35+) Black: 1. Brenda Bombini, Courtenay Karate, Courtenay; 2. Karen Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay; 3. Viola VandeRuyt, Brentwood Bay Kimura Shukokai, Sidney.

Male Masters (35+) Black: 1. Casey Mills, North Sound Karate, Camano Island; 2. Robert Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male (6-7) White-Green: Jordan Compton, Victoria Renshikan, Victoria; 2. Jake Solbakken, Victoria Renshikan, Victoria; 3. Gordon Wdvgison, Campbell River Shito-Ryu, Campbell River; 3. Lucas Ewens, Victoria Renshikan, Victoria.

Male (6-7) Blue/Brown; (8-9) White/Yellow/Orange: 1. Coleton Johnson, North Sound Karate, Everett; 2. Jordan Compton, Victoria Renshikan, Victoria; 3. Camden Leith, Victoria Renshikan, Victoria.

Female Black: 1. Aleen Mills, North Sound Karate, Camano Island; 2. Vienna Krumwiede, North Sound Karate, Everett.

Team Kata (forms)

Co-Ed (8 & under) Groups of 3: 1. David Goodfellow, Victoria Renshikan, Victoria; 1. Meghan Parker, Victoria Renshikan, Victoria; 1. Sara Doctor, Victoria Renshikan, Victoria.

Co-Ed (9-12) Groups of 3: 1. Ashlee Labbe, Courtenay Karate, Courtenay; 1. Braydon Turchenek, Courtenay Karate, Courtenay; 1. Greyson Pace, Courtenay Karate, Courtenay; 2. Justine Kellow, Victoria Renshikan, Victoria; 2. Lucy Hancock, Victoria Renshikan, Victoria; 2. Zack Hancock, Victoria Renshikan, Victoria.

Co-Ed (13-17) Groups of 3: 1. Damian Hagan, Fernando School of Karate, Lake Cowichan; 1. Kodi Archbold, Fernando School of Karate, Duncan; 1. Nicholas Trotzak, Fernando School of Karate, Duncan; 2. Ben Collin, Courtenay Karate, Courtenay; 2. Dayton Turchenek, Courtenay Karate, Courtenay; 2. Jordan Duncan, Courtenay Karate, Courtenay.

Co-Ed Open to All Ages (minimum of 4 persons, maximum of 6): 1. Alyshia Lan-Phavongkham, Victoria Renshikan, Victoria; 1. Cody Lan-Phavongkham, Victoria Renshikan, Victoria; 1. Geoffrey Newell, Victoria Renshikan, Victoria; 1. Jean Newell, Victoria Renshikan, Victoria; 2. Ashley Deventer, Victoria Renshikan, Victoria; 2. Brecken Sales, Victoria Renshikan, Victoria; 2. Jake Solbakken, Victoria Renshikan, Victoria; 2. Jordan Hancock, Victoria Renshikan, Victoria.