

Cassy Schouten of Nanaimo was top medal winner with six gold, one silver and two bronze at the recent Victoria International Karate Tournament.

More than 150 karate practitioners from British Columbia, Washington State and the Cayman Islands took part in the tournament sponsored by CASK Shiai of Victoria and sanctioned by Karate BC, the sports governing body for karate in B.C. and the Wado Karate Association of Canada.

Schouten is a student at the Fernando Correia School of Karate in Duncan

Winners include:

Kata (forms)

Mixed (5 and under) White/Yellow: 1. Nicholas Young, Fernando Correia School of Karate, Duncan

Mixed (6-7) White/Yellow/Orange: 1. Lucy Hancock, Victoria Renshikan, Saanich; 2. David Goodfellow, Victoria Renshikan, Saanich; 3. Brandon Cowan, Victoria Renshikan, Saanich; 4. Sidney Ewens, Victoria Renshikan, Saanich.

Mixed (6-7) Green/Blue: 1. Sidney Ewens, Victoria Renshikan, Saanich.

Mixed (8-9) White/Yellow: Nikita Bagg, Burnaby Chito-Ryu, Port Coquitlam; 2. Holly Goodacre, Victoria Renshikan, Saanich; 3. Nicolo Wakelin, Kingsway Shito-Ryu Karate, Vancouver; 4. Justin Young, Fernando Correia School of Karate, Duncan.

Mixed (8-9) Orange/Green/Blue: 1. Brendon Kwan, Victoria Renshikan, Saanich; Elysia Paike, Victoria Renshikan, Saanich; Courtney Cowan, Victoria Renshikan, Saanich; 4. Sarah Youell, Victoria Renshikan, Saanich.

Mixed (8-9) Orange/Green/Blue (B): 1. Kiel Hicks, Ryobu-kai Karate, Auburn, WA; 2. Josh McIntosh, Victoria Renshikan, Saanich; 3. Carah Webster, Victoria Renshikan, Saanich; 4. Cody Lan-Phavongkham.

Mixed (10-11) White/Yellow: 1. Jonathan Blancas, Courtenay Shito-Ryu, Courtenay; 2. Rachel Merriman, Victoria Renshikan, Saanich; 3. Bradley Kitagawa, Fernando Correia School of Karate, Duncan.

Mixed (10-11) Orange/Green/Blue: 1. Kelvin Beech, Black Creek Shito-Ryu, Black Creek; 2. Danielle Klotz, Campbell River Shito-Ryu, Campbell River; 3. Jeffery Riches, Victoria Renshikan, Saanich; Nadage Martel, Victoria Renshikan, Saanich.

Mixed (10-11) Orange/Green/Blue (B): 1. Carah Webster, Victoria Renshikan, Saanich; 2. Alex Robb, Victoria Shotokan; 3. Cody Lan-Phavongkham, Victoria Renshikan, Saanich; 4. Jordan Duncan, Courtenay Shito-Ryu, Courtenay.

Mixed (10-11) Brown/Black: 1. Vienna Krumwiede, Pacific Karate, Everett, WA; 2. Cabrian Taggart, Pacific Karate, Everett, WA; 3. Aleen Mills, North Sound Karate, Bellingham, WA; 4. Marissa Benisky, Courtenay Shito-Ryu, Courtenay.

Female (12-13) Orange/Green: 1. Alyshia Lan-Phavongkham; 2. Miranda De Vos, Black Creek Shito-Ryu, Black Creek; 3. Maya De Vos, Black Creek Shito-Ryu, Black Creek; Kaitlyn Dawe, Victoria Renshikan, Saanich.

Male (12-13) Orange/Green: 1. Kelvin Beech, Black Creek Shito-Ryu, Black Creek; Tom White, Victoria Renshikan, Saanich; 3. Damian Hagan, Fernando Correia School of Karate, Duncan; 4. Steve Popov, Victoria Shotokan Karate Club, CFB Esquimalt.

Female (12-13) Blue/Brown: 1. Bryanne Kitagawa, Fernando Correia School of Karate, Duncan; 2. Aleen Mills, North Sound Karate, Bellingham, WA; 3. Laura Meers, Fernando Correia School of Karate, Duncan; 4. Sarah Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male (12-13) Blue/Brown: 1. D.J. Smith, Courtenay Shito-Ryu, Courtenay; 2. Kodi Archbold, Fernando Correia School of Karate, Duncan; 3. Benjamin Collin, Courtenay Shito-Ryu, Courtenay; 4. Brendan Flower, Victoria Renshikan, Saanich.

Female (12-13) Black = Open Weight: 1. Vienna Krumwiede, Pacific Karate, Everett, WA; 2. Bryanne Kitagawa, Fernando Correia School of Karate, Duncan; 3. Whitney Lucas, Pacific Karate, Everett, WA.

Male (12-13) Black = Open Weight: 1. Kodi Archbold, Fernando Correia School of Karate, Duncan; 2. Bryce McMath, Victoria Shotokan Karate Club, CFB Esquimalt; 3. Brendan Flower, Victoria Renshikan, Saanich.

Female (14-15) White/Yellow: 1. Natalie Borden, Courtenay Shito-Ryu, Courtenay; Kaitlyn Dawe, Victoria Renshikan, Saanich.

Male (14-15) White/Yellow: 1. Henry Chan, Canada Shoseikan Karate, Vancouver.

Female (14-15) Blue/Brown: 1. Bryanne Kitagawa, Fernando Correia School of Karate, Duncan; 2. Brittany McBryde, Courtenay Shito-Ryu, Courtenay; 3. Sarah Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; Natalie Borden, Courtenay Shito-Ryu, Courtenay.

Male (14-15) Blue/Brown: 1. Oliver Simmonds, Courtenay Shito-Ryu, Courtenay; 2. D.J. Smith, Courtenay Shito-Ryu, Courtenay; 3. Galen Humber, Fernando Correia School of Karate, Duncan; 4. Kyle Nelson, Courtenay Shito-Ryu, Courtenay.

Male (14-15) Black = Open Weight: 1. Genki Hashimoto, Kingsway Shito-Ryu Karate, Vancouver; 2. Galen Humber, Fernando Correia School of Karate, Duncan; Philip Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; 4. Adam Michalchuk, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male (16-17) White/Yellow: 1. Kyle Otori, Canada Shoseikan Karate, Vancouver; 2. Jerry Zhang, Canada Shoseikan Karate, Vancouver.

Female (16-17) Orange/Green: 1. Nicole Schuttz, Ryobu-kai Karate, Auburn, WA; 2. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; 3. Lindsay Beaulieu, Fernando Correia School of Karate, Duncan.

Male (16-17) Blue/Brown: 1. Brody Holden, Campbell River Shito-Ryu, Campbell River; 2. Galen Humber, Fernando Correia School of Karate, Duncan; 3. Oliver Simmonds, Courtenay Shito-Ryu, Courtenay; 4. Cody Bragg, Burnaby Shito-Ryu, Port Coquitlam.

Male (16-17) Black = Open Weight: 1. Genki Hashimoto, Kingsway Shito-Ryu Karate, Vancouver; Neil Smith, Courtenay Shito-Ryu, Courtenay; 3. Phillip Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney.

Female Adult (18+) White/Yellow: 1. Monica Otori, Canada Shoseikan Karate, Vancouver; 2. Josephine Hui, Canada Shoseikan Karate, Vancouver.

Male Adult (18+) White/Yellow: 1. Andrew Chan, Canada Shoseikan Karate, Vancouver; 2. J.D. Varley, Victoria Shito-Ryu, Victoria; 3. Eddie Au, Canada Shoseikan Karate, Vancouver.

Female Adult (18+) Orange/Green: 1. Alicia St. Pierre, North Sound Karate, Bellingham, WA; 2. Rose Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Female Adult (18+) Blue/Brown: 1. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; 2. Alicia St. Pierre, North Sound Karate, Bellingham, WA; 3. Taimi Mulder, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male Adult (18+) Blue/Brown: 1. An Vo, Kingsway Shito-Ryu Karate, Vancouver; 2. Robert Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Female Adult (18+) Black = Open Weight: 1. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; 2. Karen Naylor, Brentwood Bay Kimura

Shukokai, Brentwood Bay; 3. Becky Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay; 4. Viola Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney.

Male Adult (18+) Black = Open Weight: 1. Neil Smith, Courtenay Shito-Ryu, Courtenay; 2. Naotaka Takeda, Kingsway Shito-Ryu Karate, Vancouver; 3. William McLaren, Courtenay Shito-Ryu, Courtenay; 4. An Vo, Kingsway Shito-Ryu Karate, Vancouver.

Female Masters (35+) All Colours: 1. Loretta Schwab, Fernando Correia School of Karate, Duncan; 2. Viola Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; 3. Sherry Duncan, Courtenay Shito-Ryu, Courtenay; 4. Lorri Meske, Ryobu-kai Karate, Auburn, WA.

Male Masters (35+) All Colours: 1. Andrew Chan, Canada Shoseikan Karate, Vancouver; 2. Robert Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay; 3. Tom Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney.

Kumite (fighting)

Male (5 & under) White/Yellow: Nicholas Young, Fernando Correia School of Karate, Duncan; 2. Dylan Robertson, Courtenay Shito-Ryu, Courtenay.

Female (6-7) White/Yellow: 1. Lucy Hancock, Victoria Renshikan, Saanich; 2. Sarah Doctor, Victoria Renshikan, Saanich; 3. Sydney Ewens, Victoria Renshikan, Saanich.

Male (6-7) White/Yellow: 1. Brandon Cowan, Victoria Renshikan, Saanich; 2. David Goodfellow, Victoria Renshikan, Saanich; 3. Cameron Kwan, Victoria Renshikan, Saanich; and Danielle Robertson, Courtenay Shito-Ryu, Courtenay.

Female (8-9) White/Yellow/Orange: 1. Lindsey MacDonald, Courtenay Shito-Ryu, Courtenay; 2. Shivonne Dawe, Victoria Renshikan, Saanich; 3. Elysia Paike, Victoria Renshikan, Saanich; and Nikita Bagg, Burnaby Chito-Ryu, Port Coquitlam.

Male (8-9) White/Yellow/Orange: 1. Kiel Hicks, Ryobu-kai Karate, Auburn, WA; 2. Nicolo Wakelin, Kingsway Shito-Ryu Karate, Vancouver; 3. Zack Hancock, Victoria Renshikan, Saanich; and Angus Cheung, Canada Shoseikan Karate, Vancouver.

Female (8-9) Green/Blue: 1. Alyshia Lan-Phavongkham, Victoria Renshikan, Saanich; 2. Patricia Masur, Fernando Correia School of Karate, Duncan; 3. Carah Webster, Victoria Renshikan, Saanich.

Male (8-9) Green/Blue: 1. Josh McIntosh, Victoria Renshikan, Saanich; 2. Jonathan Blancas, Courtenay Shito-Ryu, Courtenay.

Female (10-11) Green/Blue: 1. Nadage Martel, Victoria Renshikan, Saanich; 2. Alex Robb, Victoria Shotokan Karate Club, CFB Esquimalt; 3. Maya De Vos, Black Creek Shito-Ryu, Black Creek.

Male (10-11) Green/Blue: 1. Jordan Duncan, Courtenay Shito-Ryu, Courtenay; 2. William Matous, Courtenay Shito-Ryu, Courtenay; 3. Nicholas Conway, Courtenay Shito-Ryu, Courtenay; and Jeffrey Riches, Victoria Renshikan, Saanich.

Female (10-11) Brown/Black: 1. Aleen Mills, North Sound Karate, Bellingham, WA; 2. Vienna Krumwiede, Pacific Karate, Everett, WA; 3. Melissa Benisky, Courtenay Shito-Ryu, Courtenay; and Cabrian Taggart, Pacific Karate, Everett, WA.

Male (12-13) White/Yellow/Orange: 1. Henry Chan, Canada Shoseikan Karate, Vancouver; 2. Steve Popov, Victoria Shotokan Karate Club, CFB Esquimalt.

Female (12-13) Green/Blue: 1. Anisha Virk, Crescent Beach Karate, Surrey; 2. Miranda De Vos, Black Creek Shito-Ryu, Black Creek.

Male (12-13) Green/Blue: 1. Kelvin Beech, Black Creek Shito-Ryu, Black Creek; 2. Joshua Martel, Victoria Renshikan, Saanich; 3. Damian Hagen, Fernando Correia School of Karate, Duncan; and Brendan Flower, Victoria Renshikan, Saanich.

Female (12-13) Brown/Black: 1. Whitney Lucas, Pacific Karate, Everett, WA; 2. Laura Meers, Fernando Correia School of Karate, Duncan.

Male (12-13) Brown/Black: 1. Bryce McMath, Victoria Shotokan Karate Club, CFB Esquimalt; 2. D.J. Smith, Courtenay Shito-Ryu, Courtenay; 3. Oliver Simmonds, Courtenay Shito-Ryu, Courtenay; and Reid Klotz, Campbell River Shito-Ryu, Campbell River.

Female (14-15) White/Yellow/Orange: 1. Quintana Crawford, Kingsway Shito-Ryu Karate, Vancouver; 2. Anisha Virk, Crescent Beach Karate, Surrey; 3. Natalie Borden, Courtenay Shito-Ryu, Courtenay.

Male (14-15) Green/Blue: 1. Delton Breckenridge, Fernando Correia School of Karate, Duncan; 2. Brandon Masur, Fernando Correia School of Karate, Duncan.

Female (14-15) Brown/Black: 1. Jusleen Virk, Crescent Beach Karate, Surrey; 2. Kendra Clough, Crescent Beach Karate, Surrey.

Male (14-15) Brown/Black: 1. Galen Humber, Fernando Correia School of Karate, Duncan; 2. Kyle Nelson, Courtenay Shito-Ryu, Courtenay; 3. Brody Holden, Campbell River Shito-Ryu, Campbell River; and Genki Hashimoto, Kingsway Shito-Ryu Karate, Vancouver.

Male (16-17) White/Yellow: 1. Kyle Otori, Canada Shoseikan Karate, Vancouver; 2. Jerry Zhang, Canada Shoseikan Karate, Vancouver.

Female (16-17) Orange/Green: 1. Jusleen Virk, Crescent Beach Karate, Surrey; Kendra Clough, Crescent Beach Karate, Surrey; 3. Lindsay Beaulieu, Fernando Correia School of Karate, Duncan; and Cassy Schouten, Fernando Correia School of Karate, Nanaimo.

Male (16-17) Blue/Brown: 1. Cody Bagg, Burnaby Chito-Ryu, Port Coquitlam; 2. Cameron Clough, Crescent Beach Karate, Surrey; Richard Heller, Courtenay Shito-Ryu, Courtenay; Brody Holden, Campbell River Shito-Ryu, Campbell River.

Female (16-17) Black = Open Weight: Jusleen Virk, Crescent Beach Karate, Surrey; 2. Nicole Schuttz, Ryobu-kai Karate, Auburn, WA; 3. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; and Kendra Clough, Crescent Beach Karate, Surrey.

Male (16-17) Black = Open Weight: 1. Cody Bagg, Burnaby Chito-Ryu, Port Coquitlam; 2. An Vo, Kingsway Shito-Ryu Karate, Vancouver.

Male Adult (18+) White/Yellow: 1. Eddie Au, Canada Shoseikan Karate, Vancouver; 2. J.D. Varley, Victoria Shito-Ryu, Victoria; 3. Andrew Chan, Canada Shoseikan Karate, Vancouver.

Female Adult (18+) Orange/Green: 1. Alicia St. Pierre, North Sound Karate, Bellingham, WA; 2. Rose Walker, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Female Adult (18+) Blue/Brown: 1. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; 2. Jessica Moore, Victoria Shotokan, University of Victoria; 3. Becky Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay; and Karen Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Male Adult (18+) Black = under 65.0 kg: 1. An Vo, Kingsway Shito-Ryu Karate, Vancouver; Mark Deugau, Nanaimo Shotokan.

Male Adult (18+) Black = between 65.0 & 75.0 kg: 1. Naotaka Takeda, Kingsway Shito-Ryu Karate, Vancouver; 2. Jean Rodrigue, affiliation not known.

Male Adult (18+) Black = over 75.0 kg: 1. Shad Potts, First and Dove, Prince George; 2. Naotaka Takeda, Kingsway Shito-Ryu Karate, Vancouver; 3. Brian Braggs, CASK Shiai, Grand Cayman.

Female Adult (18+) Black = Open Weight: 1. Cassy Schouten, Fernando Correia School of Karate, Nanaimo; 2. Karen Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay; Jessica Moore, Victoria Shotokan, University of Victoria; 3. Becky Naylor.

Male Adult (18+) Black = Open Weight: 1. Shad Potts, First and Dove, Prince George; 2. Brian Braggs, Cask Shiai, Grand Cayman; 3. Naotaka Takeda, Kingsway Shito-Ryu Karate, Vancouver.

Female Masters (35+) Black: 1. Loretta Schwab, Fernando Correia School of Karate, Duncan; 2. Lorri Meske, Ryobu-kai Karate, Auburn, WA; 3. Viola Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; and Karen Naylor, Brentwood Bay Kimura Shukokai, Brentwood Bay.

Team Kata (forms)

Co-Ed (8 & under) Groups of 2: 1. Brandon Cowan and Brendon Kwan, Victoria Renshikan, Saanich; 2. Holly Goodacre and Sidney Ewens, Victoria Renshikan, Saanich; 3. Oliver Martel and David Goodfellow, Victoria Renshikan, Saanich; and Alex MacDonell and xxxxxxx, Victoria Renshikan, Saanich.

Co-Ed (9-12) Groups of 3: 1. Alyshia and Cody Lan-Phavongkham, Victoria Renshikan, Saanich; 2. Nadage Martel, Sarah Youell and Elysia Paiké, Victoria Renshikan, Saanich; 3. Bradley Kitagawa, Patricia Masur and Justin Young, Fernando Correia School of Karate, Duncan; and Lucy Hancock, Zack Hancock and Shivonne Dawe, Victoria Renshikan, Saanich.

Co-Ed (9-12) Groups of 3 (B): 1. Whitney Lucas, Vienna Krumwiede and Cabrian Taggart, Pacific Karate, Everett, WA; 2. Benjamin Collin, Oliver Simmonds and D.J. Smith, Courtenay Shito-Ryu, Courtenay; 3. Jordan Duncan, Marissa Benisky and William Matous, Courtenay Shito-Ryu, Courtenay; and Kelvin Beech, Maya De Vos and Miranda De Vos, Black Creek Shito-Ryu, Black Creek.

Co-Ed (13-17) Groups of 3: 1. Galen Humber, Daniel Potts and Cassy Schouten, Fernando Correia School of Karate, Duncan; 2. Jerry Zhang, Kyle Otori and Henry Chan, Canada Shoseikan Karate, Vancouver; 3. Nicholas Trotzuk, Bryanne Kitagawa and Laura Meers, Fernando Correia School of Karate, Duncan; and Joshua Martel, Kaitlyn Dawe and Brendan Flower, Victoria Renshikan, Saanich.

Co-Ed Adult (18+) Groups of 3: 1. Viola Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; Phillip Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; and Marcus Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney.

Co-Ed Open to All Ages (minimum of 4 persons, maximum of 6): 1. Viola, Thom. Phillip and Marcus Vanderuyt, Brentwood Bay Kimura Shukokai, Sidney; 2. Laura Meers, Nicholas Trozduk, Bryanne Kitagawa, Galen Humber and Daniel Potts, Fernando Correia School of Karate, Duncan; 3. Andrew Chan, Jerry Zhang, Eddie Au, Kyle Otori and Henry Chan, Canada Shoseikan Karate, Vancouver